
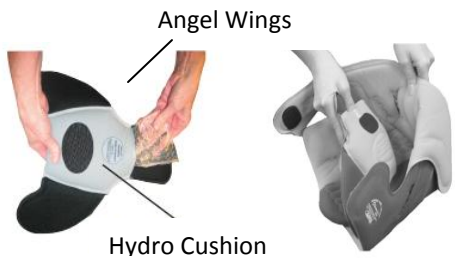



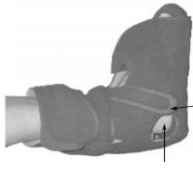


Skin and Wound Product Information Sheet

Waffle FootHold Plus Boot	
Classification	Heel Suspension: Boot
Key Points	<ul style="list-style-type: none"> • Single use device • Boot has a larger foot compartment with padding to protect the toes; suitable for the bariatric patient • Designed for bed only
Indications	<ul style="list-style-type: none"> • To be used as one intervention within an individualized pressure ulcer prevention careplan • To protect heels at risk for skin breakdown while in bed • To support healing of existing heel pressure ulcers while in bed
Precautions	<ul style="list-style-type: none"> • Consult with Wound Clinician, OT and/or Physician prior to use as product selection requires correct sizing • Clients with contractures or whose heels dig into the mattress need further assessment • Tubing from sequential compression devices should be brought through the boot in areas that will avoid pressure points on the leg and foot • Remove boot at least once per shift each to do a skin assessment of the limb and foot • Monitor the skin closely if there is a pre-existing wound(s) on the lower leg or foot • Boot is not designed for transferring or ambulating
Contraindications	<ul style="list-style-type: none"> • For a client who has knee contractures which would not allow for floating the heel when in bed.
Formats & Sizes	<div style="display: flex; align-items: flex-start;"> <div style="flex: 1;"> <p>Boot:</p> <ul style="list-style-type: none"> ○ Women Small: Foot Length 9"/Size 6-7 Medium: Foot length 10"/Size 8-9 Large: Foot Length 11"/Size 10-11 XLarge: Foot Length 12"/Size 12-13 Extended Plus: Foot Length 13" Size 14-15 <ul style="list-style-type: none"> ○ Men Small: Foot Length 9"/Size 5-6 Medium: Foot length 10"/Size 7-8 Large: Foot Length 11"/Size 9-10 XLarge: Foot Length 12"/Size 11-12 Extended Plus: Foot Length 13" Size 13-14 </div> <div style="flex: 0.5; text-align: center;">  </div> </div>
Application Directions	Rationale
<p>Open up the boot. Make sure the Hydro-Cushion is in the proper position with the ankle wings pointing <u>downward</u> toward the insole of the boot</p> <div style="text-align: center;">  </div>	<p>Correct positioning ensures offloading of the heel and ensures correct positioning within the device</p>
<p>Gently flex the knee and place the leg into the boot.</p> <div style="text-align: center;">  </div>	<p>Flexing the knee s allows for correct placement of the foot in the foothold. The hydro cushion position can be adjusted to ensure that the heel is floated</p>



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<p>Secure the foot and let straps; cross the lower leg strap and secure.</p>	<p>The Velcro straps can be adjusted to accommodate the size of the calf. The window allows for a visual to ensure correct heel placement.</p> 
Daily Care	
<p>With each repositioning change (eg every 2 hours), ensure that the heels are not touching the mattress.</p> <p>At minimum once per shift, remove boot and check the client’s skin for signs of skin irritation and pressure points.</p> <p>If using a heavy moisturizer or zinc-based product on the legs, protect the device with a small sheet/towel.</p>	<p>If device does not ensure that heels are floating off the mattress then do not continue to use the device; use an alternative method (eg pillows) for off-loading the heel and consult OT/PT or Wound Clinician.</p> <p>If skin irritation is present or reddened areas do not blanch, do not continue to use the device; use an alternative method (eg pillows) for off-loading the heel and consult OT/PT or Wound Clinician.</p>
Cleaning the Device	
Products can be hand washed or spot cleaned. Air dry	
Expected Outcome	
<p>Client does not develop a pressure ulcer.</p> <p>Existing pressure injury heals.</p>	
For further information, please contact your Occupation Therapist, Physiotherapist or Wound Clinician.	