




Skin and Wound Product Information Sheet

TheraHoney Sheet	
Classification	Antimicrobial: Honey – Sheet
Key Points	<ul style="list-style-type: none"> • Dressing impregnated with sterile, certified medical-grade Manuka Honey. • Promotes autolytic debridement, maintains a moist wound environment and reduces wound odour. • Requires secondary (cover) dressing; sheet is fenestrated to allow exudate to move through.
Indications	<ul style="list-style-type: none"> • Wounds of all etiologies with all levels of exudate that require a autolytic debridement and/or a moist wound environment. • Wounds with signs and symptoms of local wound infection. • Wounds with odour. • Can be used in all age groups. • Can be used on those who are pregnant or lactating.
Precautions	<ul style="list-style-type: none"> • Consider monitoring blood sugar levels in diabetic clients. • Do not use for more than 30 days. • May cause transient stinging/burning, discontinue if discomfort persists.
Contraindications	<ul style="list-style-type: none"> • Third degree burns. • Clients with a known allergy, or sensitivity to, honey or bee venom.
Formats & Sizes	<ul style="list-style-type: none"> • 10.2 x 12.7 cm 
Application Directions	Rationale
Warm dressing prior to application by holding package between hands.	Dressing will become softer and more conformable.
To Apply	
Cleanse/irrigate wound with sterile normal saline or an agency approved wound cleanser (including antimicrobial and antiseptic wound cleansers).	Reduces wound debris. Compatible with antimicrobial and antiseptic wound cleansers.
Dry periwound skin.	Improves adhesion of dressing or tape.
If required and appropriate for cover dressing, apply barrier film to periwound skin. Refer to cover dressing's Product Information Sheet to determine if barrier film is appropriate.	To protect periwound skin from moisture associated skin damage and medical adhesive related skin injury. Barrier film may interfere with the function of some silicone dressings.
<u>To apply to shallow wounds (depth less than 1 cm)</u>	
Cut TheraHoney Sheet to the size of wound before removing protective liners.	To protect periwound skin from moisture.
Remove protective liners from TheraHoney Sheet.	Easier to cut with protective liners in place.
Apply TheraHoney Sheet directly to the wound bed.	
<u>To apply to wounds with depth (depth 1cm or greater)</u>	
TheraHoney Sheet can be used to fill a wound or can be used in combination with another wound filler.	Wounds with depth must be gently filled to wound edge to prevent rolling of the wound edge.
Use TheraHoney Sheet in combination with a wound filler: <ul style="list-style-type: none"> • Cut TheraHoney Sheet to the size of wound bed before removing protective liner. • Remove protective liners from TheraHoney Sheet. • Apply TheraHoney Sheet directly to wound bed. 	Easier to cut with protective liners in place.



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<ul style="list-style-type: none"> Gently fill wound with wound filler appropriate for anticipated amount of wound exudate. <p>OR</p> <p>Use TheraHoney Sheet as a wound filler:</p> <ul style="list-style-type: none"> Remove protective liners from TheraHoney Sheet. Fluff TheraHoney Sheet and gently fill wound. 	
<p>To apply to sinus tracts or tunnels</p> <p>Make one packing strip by spiral cutting TheraHoney Sheet to an appropriate width for sinus tract or tunnel. Cut before removing protective liners. Do not cut narrower than 1 cm.</p> <p>Remove protective liners from TheraHoney Sheet strip.</p> <p>Lightly pack with one strip. Leave a tail of the strip so it can be easily seen. Use a steri-strip or paper tape to secure the packing 'tail' to the periwound skin.</p>	<p>Easier to cut with protective liners in place. A strip at least 1 cm wide will facilitate removal of packing. Packing a strip wider than sinus tract or tunnel may cause tissue necrosis.</p> <p>Over-packing sinus tracts or tunnels can lead to tissue necrosis.</p> <p>The tail will facilitate removal of packing.</p>
<p>Apply appropriate secondary (cover) dressing and secure.</p>	<p>The choice of secondary dressing is dependent on the amount of wound exudate expected and anticipated frequency of dressing change.</p>
<p>If using more than one dressing piece, e.g., TheraHoney Sheet and a wound filler, write number of pieces inserted into the wound on the cover dressing and document in chart.</p>	<p>To ensure all dressing pieces are removed at dressing changes.</p>
To Remove	
<p>Gently remove secondary (cover) dressing.</p> <p>Lift TheraHoney Sheet from the wound. The sheet may be white in colour.</p>	<p>TheraHoney Sheet will turn white when honey has been released into wound.</p>
Frequency of Dressing Change	
<p>Change dressing when wound exudate has reached edge of secondary (cover) dressing.</p> <p>May be left in place up to 7 days.</p>	<p>Dressing change frequency is dependent on amount of wound exudate.</p>
Expected Outcome	
<p>Wound bed is free of necrotic tissue within 3 weeks.</p> <p>Signs and symptoms of local infection resolve within 2 weeks.</p> <p>Dressing provides a moist wound environment and wound progresses to closure.</p> <p>Product performs as expected.</p>	<p>If product does not perform as expected, notify NSWOC/Wound Clinician and consider submitting a Product Concern form.</p>
For further information, please contact: NSWOC or Wound Clinician	