



Education Requirements & Competencies

Suprapubic Catheter Removal & Insertion

Learning Plan

Document Indication for Use

This document establishes the educational requirements and competencies for all nurses responsible for removal and insertion of an adult's established suprapubic catheter.

Practice Level

British Columbia:

Nurses may remove & insert a urinary catheter for an established suprapubic tract:

- When the practice is supported for their designation:
 - By BCCNM's scope of practice and any limits and conditions.
 - By their Health Authority (HA)/agency's organizational policies/standards.
- Within their individual competency to perform the activity.

Registered Nurse (RN):

- Entry level skill.

Registered Psychiatric Nurse (RPN):

- Entry level skill.

Licensed Practical Nurse (LPN):

- With a client-specific order.
- With additional education.

Yukon:

- RNs, RPNs and LPNs, refer to organizational policies and practice in accordance with regulatory bodies.

Prerequisites

Competency in inserting and removing a urethral catheterization.

Learning Plan

The learning plan consists of activities to assist in knowledge acquisition and skill development in how to remove and insert a suprapubic catheter. It also identifies resources to support the learning activities.

Competency Checklist

The [checklist](#) consists of both verbalization of theory and demonstration of skill to show competency related to the removal and insertion of a suprapubic catheter. The use of the Competency Checklist is as per health authority/agency.

Definitions

Competency: The integration and application of knowledge, skills and judgment required for safe and appropriate performance in an individual's practice,

Nurse Mentor: A Clinical Nurse Educator, NSWOC, NCA or a designated nurse competent in the skill being learnt.

References

British Columbia College of Nurses and Midwives. (July 2024). *Scope of Practice*.

RN https://www.bccnm.ca/Documents/standards_practice/rn/RN_ScopeofPractice.pdf

RPN https://www.bccnm.ca/Documents/standards_practice/rpn/RPN_ScopeofPractice.pdf

LPN https://www.bccnm.ca/Documents/standards_practice/lpn/LPN_ScopeOfPractice.pdf

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Suprapubic Catheter: Removal & Insertion		
Learning Plan		
Learning Activity	Resources	Date Done
1. Review health authority/agency specific policies and practice standards for removing and inserting a suprapubic catheter.	Discuss with your Clinical Educator/Nurse Mentor.	
2. Read the procedure that lays out the steps for removing and inserting a suprapubic catheter.	Suprapubic Catheter Removal & Insertion: Procedure .	
3. Watch the learning module - Suprapubic Catheter Insertion & Removal.	Module is posted on LHub, I-Learn, Yukon LMS	
4. Complete the quiz. (100% is needed for successful completion)	Quiz is posted on LHub, I-Learn, Yukon LMS	
5. Practice a simulation suprapubic catheter change with your mentor (if simulation possible).	Plan the activity with your Clinical Educator/Nurse Mentor.	
6. Be the second nurse as your Nurse Mentor performs a suprapubic catheter change.	Plan the activity with your Clinical Educator/Nurse Mentor.	
7. Perform a suprapubic catheter change with your Nurse Mentor as the second nurse.	Plan the activity with your Clinical Educator/Nurse Mentor.	
8. As per your health authority/agency process; with your Nurse Mentor, complete the competency checklist.	Suprapubic Removal & Insertion Competency Checklist .	
9. Complete any additional competency validation/compliance requirements of the health authority/agency.	Discuss with your Clinical Educator/Nurse Mentor.	