




Skin and Wound Product Information Sheet

SkinSleeve Protector	
Classification	Friction/Shear Prevention Device
Key Points	<ul style="list-style-type: none"> • Latex-free, non-compression, knitted cotton/nylon/spandex 4-way stretch sleeve for both arms and lower legs • Washable
Indications	<ul style="list-style-type: none"> • Use to protect extremities against bruises, minor abrasions, skin tears
Precautions	<ul style="list-style-type: none"> • Correct sizing is necessary to prevent undue pressure (too tight) or to prevent the sleeve from slipping (too loose). • Remove sleeve at least once a shift to do a skin assessment of the extremity. • Do not pull the sleeve off as this may cause a skin tear to the limb or damage the sleeve itself; remove the sleeve by gently working it off the limb.
Contraindications	<ul style="list-style-type: none"> • NA
Formats & Sizes	<p>Sleeves for arms and legs</p> <ul style="list-style-type: none"> • Arm: measure the length and the widest circumference of the forearm <ul style="list-style-type: none"> ○ SM (Red) 21.5 cm(W) x 39.5cm(L) ○ MED (Green) 28cm(W) x 42cm(L) ○ LG (Yellow) 28cm(W) x 46cm(L) ○ XL (Blue) 33cm(W) x 51cm(L) • Leg: measure the length and the widest circumference of the lower leg <ul style="list-style-type: none"> ○ MED (Green) 26cm(W) x 42cm (L)
	
Application Directions	Rationale
<p>Measure the widest circumference of the limb (calf or forearm) and select the appropriately sized sleeve.</p> <p>For the arm: Beginning with the upper arm opening of the sleeve, roll the edge of the sleeve outward and continue to roll until the thumb part of the stocking is reached. Slip the rolled sleeve over the client’s hand, fitting the thumb into the sleeve’s thumb hole. If thumb hole not needed then roll up the sleeve to the client’s wrist to uncover the palm. Unroll the sleeve up the arm and position the sleeve for the client’s comfort.</p> <p>For the leg: Beginning with the upper leg opening of the sleeve, roll the edge of the sleeve outward and continue to roll until within 3” of the toe of the stocking. Slip the rolled sleeve over the client’s foot and heel until the client’s heel fits into the heel of the stocking. Unroll the sleeve up the arm and position the sleeve for the client’s comfort.</p>	
Daily Care	
<p>Once a shift remove the sleeve to do a skin assessment, look for signs of skin irritation or pressure points and check range of motion.</p> <p>Wash and moisture the limb daily or as per skin protocol.</p>	<p>If skin irritation is present or reddened areas do not blanch or there is a new finding of decreased range of motion, do not reapply the device; use a temporary method of protecting the limb and consult OT/PT or Wound Clinician.</p>
Cleansing of Device	



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Machine washable; dry on low temperate or hang to dry. While sleeve is being laundered, ensure that another sleeve is in available to use for protection of the limb.	
Expected Outcome	
Skin will be protected from friction and shear.	
For further information, please contact your Occupational Therapist, Physiotherapist or Wound Clinician.	