







Adult Skin Care Protocol Primary Products







January 2024 Please refer to the individual Product Information Sheets for addition information. Pa					
Skin Cleanser - Rinse	Skin Cleanser – <u>No</u> Rinse	Moisturizer	Protectant Silicone 24%	Protectant Zinc 30%	
Remedy Cleanse	Remedy Cleanse	Remedy Moisturize	Remedy Prevent	Secura Extra Protective Cream (EPC)	
Shampoo & Body Wash	No Rinse	MERCHANICAL CONTROL OF THE PROPERTY OF THE PRO	PRINCIPAL PRINCI	The state of the s	
 Indications: For cleansing of skin and hair in a shower/tub bath. DO NOT USE IN A BASIN. 	Indications: • For cleansing of skin and hair at bedside (when unable to do a shower/tub bath). • DO NOT DILUTE.	 Indications: For maintenance of skin health. For prevention of skin tears (may ↓skin tears up to 50%). For treatment of dry skin. DO NOT use for prevention of IAD. 	Indications: • For prevention & treatment of Mild-Moderate IAD. • For treatment of very dry, cracked skin. • As barrier around wounds/ drains/ tubes.	Indications: • For treatment of Moderate-Severe IAD. • For prevention of IAD in the case of severe diarrhea, e.g., C-diff.	
Application: Shower or Bath: Apply a quarter-sized dab/dollop of gel onto a damp cloth or directly onto skin. Gently wash skin. Repeat until bathing is completed. An average of 3-4 quarter-sized dabs/dollops of gel is needed for a complete bath. RINSE off fully, pat dry. Hair Cleansing: Apply to wet hair; gently work in. Rinse well and towel dry. Note: Gel produces a small amount of suds as it is sulfate-free.	Application: Bedside Bathing: Use palm of the hand to dispense 1-3 pumps either onto a damp, cloth or directly onto skin/soiled area. Gently wash. Repeat until bathing is completed. Maximum 10 pumps is needed for a complete bath. DO NOT RINSE off, pat dry. Hair Cleansing: Apply to wet or dry hair; gently work in. Do not rinse; towel dry. Perineal Cleansing: Following each incontinence	 Application: Apply a thin layer to clean skin. Most effective when applied to slightly damp skin immediately after a shower/bath. Caution: For feet: DO NOT apply between toes. Remove any cream that does get between the toes. Ensure socks/shoes are worn to prevent falls. 	 Application: Apply a thin layer. If applied around wound/ tube/ drain, let dry 1-2 min before applying dressing. Do not use with silicone dressings. Caution: For feet: DO NOT apply between toes. Remove any cream that does get between the toes. Ensure socks/shoes are worn to prevent falls. 	 Application: Apply cream onto palm of hand. Apply in one direction. The cream will "follow your hand". Do not rub. Apply a 5mm thick layer to ensure that skin is not visible through the cream. Repeat steps until affected area is covered. Cleansing an Incontinent Episode Apply Remedy Cleanse No-Rinse onto a damp cloth or directly onto soiled area. Wipe off the soiled EPC only. Re-apply more EPC cream as needed. Do not remove all EPC with every incontinence episode unless doing a skin assessment. 	
Frequency of Use: As needed.	episode, cleanse area as per bed bath above. Removal of Feces or Zinc: • Pump foam directly onto area. • Allow to soak for 2-3 minutes. • Gently remove soiling or zinc. Repeat if needed. • Do not rinse; pat skin dry. Frequency of Use: As needed.	Frequency of Use: Maintenance of skin health: Apply daily. Prevention of skin tears: Apply twice per day. Treatment of dry skin: Apply twice per day.	Frequency of Use: Prevention & treatment of Mild- Moderate IAD: After every incontinent episode. Treatment of very dry, cracked skin: Apply twice per day. Prevention & Treatment of Peri- wound/ tube/ drain MASD: Apply as ordered.	Frequency of Use: After every incontinent episode. Removal of all EPC for skin assessment Q3days/prn: • Apply Remedy Cleanse No Rinse or the Shampoo & Body Wash (if doing a shower/tub bath) directly onto the EPC. • Let sit for 2-3 minutes then wipe with damp cloth. • Repeat to remove all of the cream.	

All tubes and bottles are single-client use only; must be labelled with the patient/client/resident's name and the date when opened.

Adult Skin Care Protocol Additional Products

Wound Care Protocol

Please re	fer to the individual Product Information Sh	neets for addition information	Page 2/2
Advanced Moisturizer Urea 10% AHA 4%	Hydrophilic Wound Dressing		
Atrac-Tain Cream	Skin Fold Gauze - PHMB AMD/PHMB Gauze	Skin Fold Textile/Cloth – H ₂ O ₂ DriGo-HP	Triad
 Indications: Treatment of extremely dry skin; especially on lower legs/feet & for clients with diabetes or renal failure. AHA is effective for removing flakey skin which allows Urea moisturizer to penetrate the skin. Not indicated as a basic skin moisturizer unless there is a client specific order. Ensure a care plan is in place; developed by the NSWOC/RN/RPN as per PISheet. 	Indications: • Prevention & treatment of intertrigo/ moisture in skin folds, finger/toe web spaces and hands with contractures.	Indications: • Prevention & treatment of intertrigo, e.g., moisture in skin folds, finger/toe web spaces or hand contractures.	Caution: Product is not a skin barrier cream. Indications: • A wound treatment plan must be in place. Triad is a zinc-based paste dressing that is used on moist, open, weeping areas and when left open to air, dries to provide a cover-like dressing. • Application of the dressing paste may be assigned to a HCA/HSW, as per agency policy. Treatment plan must be in place and RN/RPN/LPN must do the initial application.
 Application: Cleanse to remove any loosened dead skin. Pat dry to remove excess moisture but leave skin slightly damp. Spread/gently rub cream over skin until cream is absorbed. Caution: Do not apply between toes. May sting if applied to irritated/broken skin. Test cream on a small area to assess client's tolerance prior to applying to large area(s). 	 Application: Cleanse area; pat dry. Skin Folds – cut a sufficient length/width of gauze to ensure it is in contact with all skin within skin fold (not just base of fold). Toes or Fingers – weave ribbon between toes/ fingers. Do not completely wrap the digit as this may cut off the blood flow. Caution: Do not use with creams, ointments, powders, sprays, petrolatum-based products or antifungals products, e.g., Clotrimazole. 	 Application: Sheet may be cut to fit the area; either lengthwise or widthwise. Day 1: Cleanse area; pat dry. Lay a single layer of the sheet into base of skin fold. Smooth down. Ensure 5cm of sheet is outside the skin fold and exposed to air to allow for wicking of moisture out of the fold. Write date on exposed sheet. Secure PRN. Days 2, 3, 4, 5: Remove sheet daily, cleanse skin, pat dry. Reposition same piece as described above. Note: If needed, may be used in conjunction with antifungals products, e.g., creams, powders. 	 Application: Apply a 3mm thick layer (thickness of a dime) such that the wound is not visible through the cream. Allow dressing to dry for 15-20 minutes. If patient unable to be positioned off the wound during the drying time, apply a cover dressing over the paste. Caution: Triad can be wiped off or washed off (if in contact with fluid e.g., urine) if not allowed to dry or if not protected with a cover dressing.
Frequency of Use: Twice a day. Stop using cream when all the dead skin is removed. Use a basic moisturizer to maintain healthy skin. IAD - Incontinence Associated De	Frequency of change: Change at least daily or whenever soiled or damp. MASD - Moisture Associ	Frequency of change: Assess daily. Change sheet on Day 5 or earlier depending upon the condition of the skin, soiling of the fabric, the amount of moisture and/or odour.	Frequency of change: as per care plan. Removal: Apply No Rinse Remedy Foam Cleanser or Shampoo & Body Wash (if doing a shower/ tub bath) directly onto the Triad. Let cleanser sit for 2-3 minutes then wipe with damp, soft cloth. Repeat to remove all of the cream. dry, itchy, moist skin in skin folds

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