







Skin and Wound Product Information Sheet

SensiFoot																			
Classification	Compression Therapy – Diabetic Sock																		
Key Points	<p>For Compression Therapy in general</p> <ul style="list-style-type: none"> A Physician/NP order or clinical direction from a Nurse Specialized in Wound Ostomy Continence (NSWOC)/Wound Clinician is required to apply a compression sock/socking Follow agency/Health Authority compression therapy policies/practice standard Refer to the Guideline: Application of Compression Therapy for further information related to indications, precautions and contraindications <p>For this product specifically</p> <ul style="list-style-type: none"> Latex-free acrylic sock which provides mild compression 8-15mm/Hg (the tighter the fit the higher the compression), the acrylic fibres wick moisture away from the skin Single patient use, washable, may be worn for 4-6 months before needing to be replaced Prior to the first application, a complete Lower Limb Assessment (Basic & Advanced) is to be done but an ABI may not be required. May be used as a transition to higher level compression therapy; starting with a low level compression may facilitate client comfort with, and understand of, compression therapy. 																		
Indications	<ul style="list-style-type: none"> For clients with diabetes for the protection of feet from mild trauma, friction/shear injury For clients who require mild compression therapy for the treatment of: <ul style="list-style-type: none"> Venous insufficiency with or without ulcer(s) or Arterial/venous insufficiency with or without ulcer(s) or Lymphedema with or without ulcers(s) or Generalized edema 																		
Precautions	<ul style="list-style-type: none"> Sock should not slip down or bunched around ankles as it may cause a tourniquet effect 																		
Contraindications	<ul style="list-style-type: none"> Do not use in the presence of uncontrolled heart failure Do not use in the presence of an untreated lower limb skin or wound infection 																		
Formats & Sizes	<p>Sock (2/package) need 2 pairs</p> <ul style="list-style-type: none"> Knee high – Black or White <table border="1" style="margin-left: 20px; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 2px;">Shoe Size</th> <th style="padding: 2px;">XS</th> <th style="padding: 2px;">S</th> <th style="padding: 2px;">M</th> <th style="padding: 2px;">L</th> <th style="padding: 2px;">XL</th> </tr> </thead> <tbody> <tr> <td style="padding: 2px;">Women</td> <td style="padding: 2px;">4.5-6.5</td> <td style="padding: 2px;">7-9</td> <td style="padding: 2px;">9.5-11</td> <td style="padding: 2px;">11.5-13</td> <td style="padding: 2px;"></td> </tr> <tr> <td style="padding: 2px;">Men</td> <td style="padding: 2px;">3.5-5.5</td> <td style="padding: 2px;">6-8</td> <td style="padding: 2px;">8.5-10</td> <td style="padding: 2px;">10.5-12</td> <td style="padding: 2px;">12.5-14</td> </tr> </tbody> </table> <div style="text-align: right; margin-top: 10px;">  </div>	Shoe Size	XS	S	M	L	XL	Women	4.5-6.5	7-9	9.5-11	11.5-13		Men	3.5-5.5	6-8	8.5-10	10.5-12	12.5-14
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Application Directions	Rationale																		
<p>Cleanse feet and legs with a non-rinse cleanser. Pat to dry, ensure that spaces between the toes are well dried.</p>																			
<p>To Apply</p> <p>Turn the sock inside out: put hand inside the sock, grasp the heel and pull out.</p> <div style="margin-top: 10px;">  </div>	<p>Folding back the sock will minimize the ‘bunching’ of the dressing when the sock is pulled up the leg.</p>																		
<p>Insert toes/forefoot into the sock. Slide foot in until toes and heel are correctly positioned in the sock.</p> <div style="margin-top: 10px;">  </div>																			



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<p>Grasp the top of the socking; pull it up over the ankle and the calf. The top of the stocking should sit 2 finger-widths below the knee. Ensure no wrinkles in the sock and that the toes can move freely.</p> 	<p>The 2 finger-width ensures that there is no compression placed on the popliteal space.</p> <p>Stocking fabric should never be bunched, folded or rolled. One single layer of fabric ensures no areas of layered compression.</p>
To Remove	
<p>Grasp the top of the socking and peel it down over the heel and off the toes.</p>	<p>Peeling the stocking off ensures that the stocking will not bunch, roll or layer which could create a risk of a tourniquet effect.</p>
Daily Care	
<p>Laundry socks in cold water by hand; do not use fabric softener or bleach.</p> <p>Hang until completely dry.</p>	<p>Given everyday use, the recommended replacement of stockings is 4-6 months to ensure adequate compression.</p>
Expected Outcomes	
<p>Lower limb is protected from minor trauma, friction/shear.</p> <p>Mild compression assists with managing mild edema.</p>	
For further information, please contact NSWOC/Wound Clinician	