




Skin and Wound Product Information Sheet

Secura Extra Protective Cream (EPC)	
Classification	Skin Care: Protectant/Healant - Zinc 30%
Key Points	<ul style="list-style-type: none"> • Zinc Oxide Cream 30% in petrolatum with Karaya to absorb moisture • May be used on denuded skin
Indications	<ul style="list-style-type: none"> • For prevention and treatment of Moderate to Severe Incontinence Associated Dermatitis (IAD) (rash, redness, excoriated/denuded areas associated with incontinence or moisture damage) • For the prevention of IAD in the case of severe diarrhea due to C.difficile or gastrointestinal conditions
Precautions	<ul style="list-style-type: none"> • Avoid contact with eyes
Contraindications	<ul style="list-style-type: none"> • Do not use for clients with known sensitivity or allergy to ingredients (Zinc or Karaya allergies) • Do not use a containment brief when using EPC • Do not use petrolatum-based products during hyperbaric oxygen therapy
Formats & Sizes	<ul style="list-style-type: none"> • Tube <ul style="list-style-type: none"> ▪ 114 g <div style="text-align: right;">  </div>
Application Directions	Rationale
Label the container with the date and the client's name.	The container is for single-patient use only and should be used within a month.
To Apply	
Apply cream onto palm of hand or gently dab the cream onto skin. <u>Apply in one direction only</u> ; do no rub. Gently spread a thick (e.g. 5mm) layer of the cream over the affected area. Repeat until all of the affected area is covered.	Rubbing will cause friction leading to increased skin damage. Skin should not be visible through the thick white layer. Product c feels slightly 'grainy' as it contains Karaya, a natural ingredient, designed to absorb moisture and adhere to the open, weepy, damaged skin.
After episodes of incontinence, wipe urine/stool from the top layer of the EPC, cleanse with Remedy Foam Cleanser and reapply more EPC as per the instructions above.	Clean stool/urine off the top layer of the cream without going down to the skin layer in order to maintains high level of zinc protection layer on the skin surface.
Frequency of Application	
Continue treatment until area has improved and/or diarrhea has subsided.	
To Remove	
To remove entire layer of EPC for assessing the skin, pump Remedy Foam Cleanser directly on EPC and leave the cleanser on for 2-3 minutes. Using a warm damp cloth, gently wipe the cleanser and EPC from the affected area. Some of the EPC may remain on the skin. Reapply EPC if required.	Leaving the cleanser on the EPC for the time indicated allow the cleanser to soften EPC, making it easier to remove. It is acceptable if some of the EPC remains on the skin – do not scrub to remove.
Expected Outcome	
Application for 4-6 days is usually adequate to heal severely excoriated skin. If not, consult with Wound Clinician for further treatment strategies.	
For further information, please contact your Wound Clinician.	