













Skin and Wound Product Information Sheet

ProSkin Belted Brief		
Classification	Continence Containment: Brief - Belted	
Key Points	 A flexible brief with a soft ComfiStretch elastic, easy to fasten waist belt; quick wicking top (inside) layer, a super absorbent polymer (SAP) core which can manage odour and a back (outside) sheet which allows 100% breathability even when the core has turned to gel. The brief has two yellow Wetness Indicator strips on the back (outside) of the brief; these strips turn blue to indicate when the brief is wet. The blue colour will travel the length of the indicator lines so show how saturated the brief is. The indicators are activated for urine and loose stool but not for solid stool. 	
Indications	 To be used in conjunction with skin protectants as per the <u>British Columbia Adult Skin Care Protocol</u>: Use for clients who are incontinent of urine and/or stool and who are unable to be toileted due to their medical/physical condition and where a belted securement would be preferable over brief tab/ fasteners e.g., clients with dementia and/or hip contractures. 	
Precautions	 The brief must be changed when the entire length of two yellow Wetness Indicator lines have turned blue as the pad has reaching its saturation point. The brief to be change as soon as possible after a bowel movement as the pad only contains this stool, it does not absorb fecal matter. With each brief change, ensure that the perineal/buttock skin is checked for signs of Incontinence Associated Dermatitis (IAD); reddened/darkened skin with or without skin breakdown. 	
Contraindications	 Do not double pad. Pads are not designed to allow excess to urine to flow into the brief beneath. The extra layer can contribute to heat/humidity within the pad and pressure leading to Incontinence Associated Dermatitis (IAD) and/or sacral-coccyx or groin Pressure Injuries Do not apply skin protectant to the pad itself. 	
Formats & Sizes	Flex-Super Size/Colour	Absorbency Absorbency Absorbency Absorbency
Measurement Directions		Rationale
Use the client's waist to determine the size of brief needed.		A brief which is not sized properly or applied incorrectly will be uncomfortable to wear, may cause friction with movement and may not contain the urine or feces, causing a leak.
Application Direction		
 Cleanse skin with an agency approved skin cleanser; pat to dry. Apply a <u>light</u> layer of silicone/dimethicone/ skin protectant e.g., Remedy Hydragaurd, to the client's skin. Do not apply skin protectant to the pad itself. Completely unfold the brief lengthwise; unfold the two belt tabs. <u>Note</u>: the brief can be worn with the belt tabs either at front or at the back. Roll the client to one side and spread out the brief underneath the client's 		Skin protectants e.g., silicone, zinc or petroleum- based products when in contact with the brief's top layer may slow down the brief's ability to absorb urine at the time of the void.
 of the brief. Roll 5. Fasten the belt a 6. Pull the front of back, make sure 7. Smooth out the 	the opposite direction in order to flatten out the other side client onto their back. round the client's waist. the brief up into the perineal area. Center the brief front to it is symmetrically positioned on the body. front panel across the abdomen and down around the hips. ab/fastener to the belt and ensure that there are no	If the pleats/cuffs are not be positioned correctly it can cause the brief to leak or a Pressure Injury in the groin to develop.

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wrinkles. Lift and lay down as needed. 9. Repeat with the other tab/fastener. 10. Gently pull the skin of each inner thigh downward and away from the perineal area to position the inner pleat/cuff; ensure pleat/cuff is not tucked under the elastic. 11. Smooth out all wrinkles and folds, and check the fit of the brief. Make any			
necessary adjustments. Change Frequency			
Check the brief every 2-4 hours e.g., as part of providing other direct care. Change brief before the yellow Wetness Indicator lines have reached their saturation point (the line will turn blue). Change the brief following a bowel movement. Night Brief: recommended wear-time, no more than 8 hours e.g., 22:00 -06:00. With each brief change, cleanse and dry the skin. Assess the perineal/ buttock area for signs of IAD; reddened/darkened skin with or without skin breakdown.	Should the brief reach its saturation point, it can no longer pull the urine into its core and the client's skin then is in contact with the urine. This contact leads to an increase risk for Incontinence Associated Dermatitis (IAD) and sacral-coccyx Pressure Injury. If IAD is noted, follow the IAD interventions as per the Adult Skin Care Protocol		
Expected Outcome			
Brief will protect the client's clothing and linen from incontinence episodes. Brief will be positioned correctly to ensure client comfort and not cause pressure injuries in the groin areas. Client will not develop Incontinence Associated Dermatitis (IAD) and/or sacral-coccyx Pressure Injury related to IAD.	If IAD does develop, a different continence containment system must be used for the client.		
For further information, please contact your NSWOC or NCA.			