




## Skin and Wound Product Information Sheet

<b>Prevalon Heel Protector Boot</b>	
<b>Classification</b>	<b>Heel Suspension: Boot</b>
<b>Key Points</b>	<ul style="list-style-type: none"> <li>• Single client use only</li> </ul>
<b>Indications</b>	<ul style="list-style-type: none"> <li>• For use for clients while in bed</li> <li>• For prevention of heel ulcers for clients who are at risk</li> <li>• For treatment of existing heel ulcers</li> <li>• Can be used in combination with sequential compression device</li> </ul>
<b>Precautions</b>	<ul style="list-style-type: none"> <li>• Remove the boot at least once a shift to assess the client's skin</li> <li>• Wipe boot clean with a damp cloth only</li> </ul>
<b>Contraindications</b>	<ul style="list-style-type: none"> <li>• Do not allow clients to walk or stand while wearing the boot</li> <li>• Do not use if there are ulcers on the lower leg or foot other than on the heel</li> </ul>
<b>Formats &amp; Sizes</b>	<ul style="list-style-type: none"> <li>• Boot                             <ul style="list-style-type: none"> <li>○ Universal size</li> <li>○ X-Large</li> </ul> </li> <li>• Lateral Stability Wedge</li> </ul> <div style="text-align: right;">  </div>
<b>Application Directions</b>	
If the Heel Protector boot is new, remove the fabric strip that is on the fasteners.	Fabric strip is used to prevent the fasteners from sticking.
Ensuring the boot is inside out (grey-side out), position the heel over the opening with the leg resting on the longer surface.	Provides proper position of the heel for off-loading pressure.
Do not use boot over top of socks.	The inside lining of the boot is designed to grip the limb to allow the boot to stay in place; wearing socks interferes with this feature.
Pull the sides of the boot up around the leg and pull the front up around the foot and toes. When properly applied, the tag should be visible on the bottom of the foot.	Proper positioning is essential to offload the heel and stabilize the leg.
Wrap stretch panels around the boot <b>DO NOT OVERTIGHTEN</b> <ol style="list-style-type: none"> <li>1. Attach the wide black stretch panels covering the shin.</li> <li>2. Attach the white stretch panel to cover the ankle</li> <li>3. Attach the narrow stretch panel at the foot.</li> </ol> A Lateral Stability Wedge may be used to assist with keeping the boot in an upright position.	Panels assist with keeping the boot in the proper position. The leg properly positioned on the pontoons will help to prevent lateral rotation of the foot and leg. Foot stretch panel helps to prevent foot drop.
If use in conjunction with sequential compression device, feed the compression tubing through the opening in the wide black stretch panel and adjust the stretch panels to fit.	
Visually inspect that the client's heel is floating and exposed in the heel opening.	To confirm correct application.
<b>To Remove</b>	
Detach the stretch panels. Remove the boot from the foot and turn inside out.	Prepares the boot for proper re-application.
<b>Expected Outcome</b>	
Client does not develop a heel pressure ulcer.	
Existing heel pressure ulcer heals.	
<b>For further information, please contact your Wound Clinician.</b>	