




Skin and Wound Product Information Sheet

Mepilex Border Flex	
Classification	Cover Dressing: Foam with Silicone
Key Points	<ul style="list-style-type: none"> • 5-layer dressing; silicone contact layer, three foam layers to absorb, distribute and retain exudate, film top layer which tracks/records exudate and protects against bacteria/viruses. • Highly conformable (flex technology); stretches in all directions • Silicone border for easy dressing removal. • Dressing is water-resistant.
Indications	<ul style="list-style-type: none"> • For wounds: <ul style="list-style-type: none"> • With small to large amounts of exudate; either thin or viscous. • In difficult-to-dressing body parts. • With friable wound bed and/or fragile peri-wound skin. • May be used in conjunction with compression therapy.
Precautions	<ul style="list-style-type: none"> • When using Mepilex dressings with oxidising agents such as sodium hypochlorite, hypochlorous acid or hydrogen peroxide, ensure peri-wound skin is thoroughly dry before applying dressing.
Contraindications	<ul style="list-style-type: none"> • Do not use with skin sealants as they will prevent the dressing from adhering properly • Do not use if redness or sensitivity occur.
Formats & Sizes	<ul style="list-style-type: none"> • Bordered dressing <ul style="list-style-type: none"> ▪ 7.5 x 7.5cm ▪ 10 x 10cm ▪ 12.5 x 12.5cm ▪ 15 x 15cm ▪ 15 x 20cm ▪ 7.8 x 10cm oval ▪ 13 x 16cm oval ▪ 15 x 19cm oval <div style="text-align: center;">  </div>
Application Directions	
<p>Cleanse wound and peri-wound skin with sterile normal saline or agency approved wound cleanser. Use gauze to remove cleansing solution and debris. Pat peri-wound skin dry.</p>	<p>Cleansing reduces wound debris; dry peri-wound skin allows for adhesion of dressing or tape.</p>
To Apply	
<p>Choose a dressing size which will ensure the dressing extends at least 2cm beyond wound edge.</p> <p>If a sodium hypochlorite or hypochlorous acid cleanser was used, ensure peri-wound skin is thoroughly dry before apply the dressing.</p>	<p>Incorrect sizing will adversely affect the dressing absorption functionality.</p> <p>To avoid irritation to the peri-wound skin.</p>
<p>Remove the backing sheets from the dressing. Small dressings have two sheets, larger dressings have 3 sheets for easy application.</p> <p>Place the dressing directly over the center of the wound; do not stretch the dressing. Smooth out the borders to ensure adhesion to the peri-wound skin.</p> <p>Apply directly on the wound as a primary dressing or in combination with another wound product as a secondary cover dressing.</p>	
To Remove	
<p>Gently lift the border to remove the dressing.</p>	<p>To minimize trauma to the peri-wound skin.</p>
Frequency of Dressing Change	
<p>Will depend upon the amount of exudate. Change when exudate extends to within 2cm of the edge of the dressing. Can be left on up 7 day.</p>	<p>The absorbed exudate is clearly visible through the transparent film backing of the dressing.</p>
Expected Outcome	
<p>Exudate is managed with no peri-wound skin maceration.</p>	
For further information, please contact your NSWOC/Wound Clinician.	



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