





## Skin and Wound Product Information Sheet

<a href="#">View Video</a>		<b>Heelzup Cloud</b>
<b>Classification</b>	<b>Heel Suspension: Cushion</b>	
<b>Key Points</b>	<ul style="list-style-type: none"> <li>• Reusable cushion designed to support heels off the bed when in a supine, or 30-degree side-lying, position.</li> <li>• Re-designed with a lower profile latex-free foam cushion which has a Visco-Elastic top layer shaped to support the lower legs and a bottom surface made of anti-slip material. The water-resistance polyurethane cover can be wiped down. Cushion can be compressed for easy storage.</li> </ul>	
<b>Indications</b>	<ul style="list-style-type: none"> <li>• To be used when pillows for heel offloading have not been effective:                             <ul style="list-style-type: none"> <li>○ To protect heels at risk for skin breakdown due to pressure or friction/shear.</li> <li>○ To support healing of existing heel pressure injury.</li> </ul> </li> </ul>	
<b>Precautions</b>	<ul style="list-style-type: none"> <li>• Clients with contractures who ‘dig’ their heels into the mattress, or have wound(s) to the malleoli region or on the back of the leg(s) need a NSWOC/Wound Clinician/OT/PT assessment.</li> <li>• The heels must not touch the bed; if heels touch the bed, notify OT/PT/NSWOC/Wound Clinician for consideration of a different device.</li> <li>• Care is needed when using sharp instruments in proximity to the cushion; if the cover is punctured then the cushion needs to be discarded for infection control reasons.</li> </ul>	
<b>Contraindications</b>	<ul style="list-style-type: none"> <li>• Do not use for clients with arterial insufficiency.</li> </ul>	
<b>Formats &amp; Sizes</b>	Standard width 30” for all sizes <ul style="list-style-type: none"> <li>• X-small: under 5’1/ up to 300lbs</li> <li>• Small: 5’2”-5’4”/ up to 300lbs</li> <li>• Medium: 5’5”-5’10”/ up to 300lbs</li> <li>• Large: 5’11” &amp; taller/ up to 300lbs</li> </ul>	
<b>Application Directions</b>		<b>Rationale</b>
Refer to the cushion’s side panel to ensure that the proper size of HeelZup Cloud cushion is being used.		Proper sizing ensures that the heels will be fully suspended and popliteal fossa will be free of pressure.
Cleanse the client’s lower limbs and pat dry. Moisturize the skin, pat dry to remove any excess. Ensure that the spaces between the toes are dry and free from moisturizer.		To ensure healthy skin.
<b>To Apply</b>		
Gently raise the legs and insert the tapered edge of the HeelZup Cloud cushion under the lower aspect of the upper thigh; ensure that both heels are suspended off the end of the cushion.		This ensures correct application to float the heels off the bed.  If the heels are touching the bed with the cushion in place, then trying add a pillow to the cushion to raise the heels. If heels are still not suspended or the pillow does not stay in place then consider an alternate device and/or consult OT/PT or NSWOC/ Wound Clinician.
		
<b>Daily Care</b>		
With each patient repositioning e.g., every 2 hours: <ul style="list-style-type: none"> <li>• ensure that the heels are not touching the bed and</li> <li>• check the client’s skin for signs of skin irritation and pressure points.</li> </ul> If using a heavy moisturizer or zinc-based product on the legs, protect the cushion with a small sheet/towel.		If skin irritation is present or reddened areas do not blanch, do not continue using the cushion. Use a temporary alternative method e.g., pillows, for off-loading the heel and consult OT/PT or NSWOC/Wound Clinician.



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<b>Cleansing the Cushion</b>	
<p>If soiled, wipe the polyurethane cover with agency approved cleanser e.g., mattress cover cleanser; allow to air dry.</p> <p>Prior to storage; ensure the cushion cover is not damaged. Cleanse cushion and allow to air dry.</p>	<p>Do not wash by hand or launder.</p> <p>Cushion is then ready for next client use. If the cover is torn or punctured, the cushion needs to be discarded for infection control reasons.</p>
<b>Expected Outcome</b>	
<p>Client does not develop a heel pressure injury.</p> <p>Existing heel pressure injury heals.</p>	
<b>For further information, please contact your OT/PT/NSWOC/Wound Clinician.</b>	