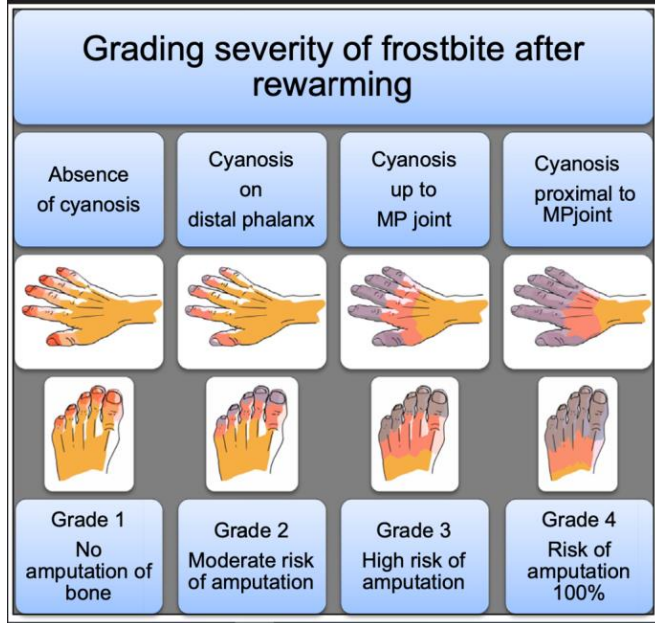


FROSTBITE INJURY QUANTIFICATION & GRADING ASSESSMENT

PCIS LABEL



Source: Cauchy E. et al, Wild & Env Med 27, 92-99 (2016)

The grading of severity should be done:

- Immediately after re-warming
- Daily for the first week post-injury
- Weekly for the next 3-4 weeks until the full extent of injury known.

Note: Injury may progress clinically for the first 72 hours, in particular, a Grade 2 injury can quickly transition into a Grade 3 with its higher risk of amputation.

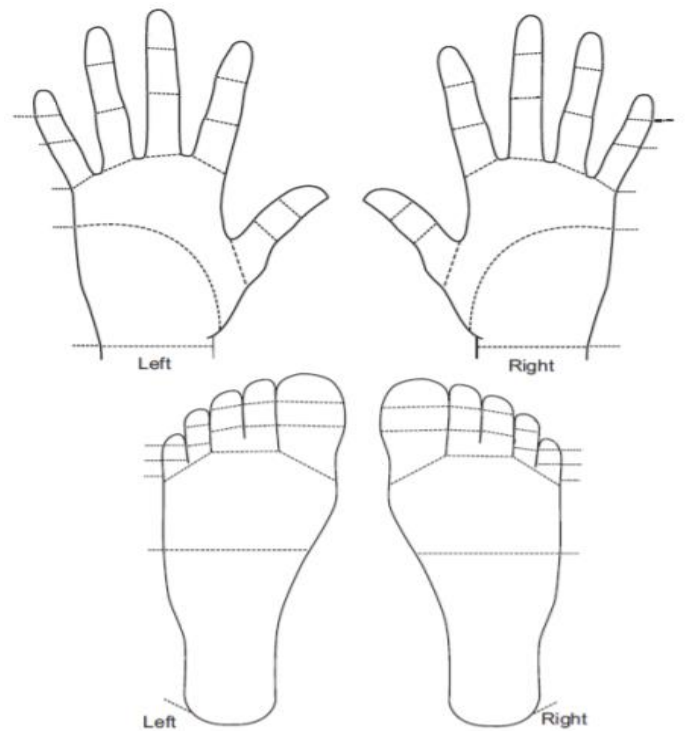
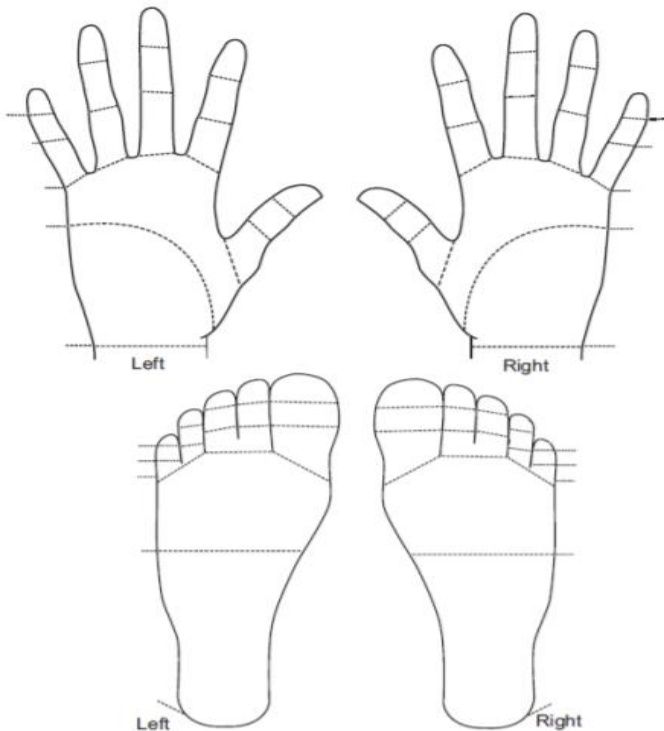
Assessment of skin changes should be completed when the grading of severity is done.

For each assessment, indicate on the diagram the grade of severity and skin changes using the following codes:

Grade of Severity: G1 G2 G3 G4 **Skin Changes:** Cyanosis(C) Serous Blister(SB) Hemorrhagic Blister(HB) Eschar(E) Open(O)

Date: _____ Time: _____ Signature: _____
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Date: _____ Time: _____ Signature: _____
YYYY/MM/DD HH:MM



FROSTBITE INJURY QUANTIFICATION & GRADING ASSESSMENT

PCIS LABEL

Grading severity of frostbite after rewarming

Absence of cyanosis	Cyanosis on distal phalanx	Cyanosis up to MP joint	Cyanosis proximal to MP joint
Grade 1 No amputation of bone	Grade 2 Moderate risk of amputation	Grade 3 High risk of amputation	Grade 4 Risk of amputation 100%

Source: Cauchy E. et al, Wild & Env Med 27, 92-99 (2016)

The grading of severity should be done:

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