




Skin and Wound Product Information Sheet

Extrasorb Under-Pad	
Classification	Continence Containment: Linen Protector Under-Pad
Key Points	<ul style="list-style-type: none"> • A disposable under-pad designed with a breathable top (inside) sheet, a super absorbent polymer (SAP) odour management middle layer and an air-permeable back (outside) sheet. • In the presence of moisture, the top sheet is designed to keep the skin that is in contact with the under-pad dry. • The under-pads can hold up to 1000mL moisture. • When wet, the under-pad is air-permeable until it reaches its saturation point. • May be used on a support surface that has microclimate features e.g., low air-loss mattress.
Indications	<ul style="list-style-type: none"> • To be used in conjunction with skin protectants as per the British Columbia Adult Skin Care Protocol: <ul style="list-style-type: none"> ○ For the client who is not wearing a pad-insert/ knit pant system or continence brief and has <i>repeated</i> exposure to urinary and/or fecal incontinence. ○ For the client who is undergoing toilet retraining and is at risk for an incontinent episode. ○ When exposing the client’s perineal area ‘to air’ as a treatment for Incontinence Associated Dermatitis. ○ For the client who has exposure to moderate amounts moisture; e.g., perspiration, weepy skin. If amounts are heavy use the Ultrasorb Under-Pad.
Precautions	<ul style="list-style-type: none"> • Ensure that the print side of the under-pad is down on the bed surface (white side up).
Contraindications	<ul style="list-style-type: none"> • Do not fold or tuck under-pad into the perineal area; it must lie flat in order to ‘gel’ the fluid. • Do not use for procedures; use a disposable procedure (blue) pad. • Do not layer under-pads on top of each other. • Do not use under-pad as a lifting sheet.
Formats & Sizes	<ul style="list-style-type: none"> • Under-Pad (Extrasorb name is on the pad) <ul style="list-style-type: none"> ▪ 57.5 x 90cm (23 x 36in) ▪ 75.0 x 90cm (30 x 36in) <div style="text-align: right;">  </div>
Application Directions	
<p>Ensure the mattress bed sheet is without wrinkles.</p> <p>Lay the under-pad flat on the surface with the print side down and white side up.</p> <p>Do not double layer the under-pads.</p>	<p style="text-align: center;">Rationale</p> <p>Minimal layers will assist with pressure injury prevention.</p>
Change Frequency	
<p>Change when soiled or when the under-pad begins to reach its saturation point, the gel of the core swells which is noticeable both visually and to the touch.</p> <p>Product is disposable; do not launder.</p>	<p>Should the under-pad reach its saturation point, it can no longer pull the urine into its core and the client’s skin then is in contact with the urine/fluid. This contact leads to an increase risk for Incontinence Associated Dermatitis (IAD) and sacral-coccyx Pressure Injury.</p>
Expected Outcome	
<p>Under-pad will protect the linen from incontinence episodes.</p> <p>Client will not develop Incontinence Associated Dermatitis (IAD) and/or sacral-coccyx Pressure Injury related to IAD.</p>	
For further information, please contact your NSWOC or Wound Clinician.	