



## Education Requirements/Competencies Monofilament Testing for Loss of Protective Sensation (LOPS)

### DST Indications for Use

This Decision Support Tool (DST) establishes the educational requirements and competencies for health care professionals who have not gained, through their entry-level education program, the knowledge and skill to perform monofilament testing for loss of protective sensation.

### British Columbia Practice Level

- To carry out monofilament testing, health care professionals:
  - Must have a health authority/agency policy in place that supports the specific professional designation in to perform this procedure.
  - Follow the health authority's established decision support tool for this procedure.
- Each health care professional is responsible and accountable for maintaining their competency in monofilament testing.

### Pre-requisites

None

### Lesson Plan

The plan consists of learning activities needed to acquire the knowledge and skill to perform a monofilament test.

### Competency Checklist

The checklist includes a knowledge quiz and skill demonstration to show competency for performing a monofilament test. The checklist is to be used as per the health authority or agency process.

### Definitions/Terminology

**Competency:** The integration and application of knowledge, skills and judgment required for safe and appropriate performance in an individual's practice<sup>1</sup>.

**Mentor:** A health care professional competent to perform monofilament testing; registered nurse, register psychiatry nurse, occupational therapist, physiotherapist, registered dietitian. The mentor should be of the same designation as the learner.

### References

1. British Columbia College of Nurses and Midwives. (2021). *Professionals standards*. <https://www.bccnm.ca/RN/ProfessionalStandards/Pages/Default.aspx>

### Document Creation/Review

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|------------------|--|
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| Monofilament Testing for Loss of Protective Sensation<br>Education Requirements  |   |           |
|--|---|-----------|
| Learning Activity  | Resources   | Date Done |
| 1. Review health authority or agency specific policies, procedures, guidelines or practice standards for monofilament testing. | Discuss with your mentor.   |           |
| 2. Read the Monofilament Testing procedure.  | <a href="#">Monofilament Testing for Loss of Protective Sensation: Procedure</a>  |           |
| 3. Do the Monofilament Testing module.   | The module is found on the following learning systems: <ul style="list-style-type: none"> <li>▪ Learning Hub</li> <li>▪ IHA I-Learn</li> <li>▪ Yukon Learning System</li> </ul> |           |
| 4. Complete the post-module quiz.  | See above.  |           |
| 5. Determine how to where to find monofilaments on your unit or at your site.  | Discuss with your mentor.   |           |
| 6. As per your health authority or agency process; with your mentor, complete Competency Checklist.                            | See below.  |           |
| 7. Complete any additional competency validation/ compliance requirements of the health authority or agency.                   | Discuss with your mentor.   |           |

| Monofilament Testing for Loss of Protective Sensation<br>Competency Checklist |          |                   |
|---|----------|-------------------|
|   | Date Met | Mentor's Initials |
| <b>Knowledge:</b> Assessed through the post-learning module quiz.             |          |                   |
| <b>Skill:</b> (Follow HA or agency process for sign-off, may not be needed).  |          |                   |
| 1. Demonstrate the monofilament testing assessment.                           |          |                   |
| 2. Demonstrate correct documentation of the monofilament testing assessment.  |          |                   |

**Learner**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_

**Mentor** (to be signed-off as per HA/agency process)

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Initials \_\_\_\_\_

**Learning Plan for Unmet Skill:**

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