













# Education Requirements & Competencies Curved Tipped Urethral Catheter Insertion & Removal Learning Plan

#### **Document Indication for Use**

This document establishes the educational requirements, as per Health Authority, for nurses who take on the responsibility for insertion and removal of an adult's curved tipped, also known as coude, urethral catheter. There are different types of curved tipped urethral catheter but the principles for insertion and removal are the same.

### **Practice Level**

## **British Columbia:**

Nurses may insert and remove a sterile urinary catheter, either indwelling or intermittent 'in&out':

- When the practice is supported for their designation:
  - By BCCNM's scope of practice and any limits and conditions.
  - By their Health Authority (HA)/agency's organizational policies/standards.
- Within their individual competency to perform the activity.

## Registered Nurse (RN):

Entry-level skill: straight-tipped and curved-tipped catheter.

## Registered Psychiatric Nurse (RPN):

• Entry-level skill: straight-tipped and curved-tipped catheter.

## Licensed Practical Nurse (LPN):

- Entry-level skill: straight-tipped catheter.
- With additional education: curved-tipped catheter.

#### Yukon.

RNs, RPNs and LPNs, refer to organizational policies and practice in accordance with regulatory bodies.

## **Prerequisites**

Competency in inserting and removing a urethral straight-tip catheter.

## Learning Plan

The learning plan consists of activities to assist in knowledge acquisition and skill development in how to insert and remove a curved tipped/coude urethral catheter. It also identifies resources to support the learning activities.

# **Competency Checklist**

The <u>checklist</u> consists of both verbalization of theory and demonstration of skill to show competency related to the insertion and removal of curved tipped/coude urethral catheter. The use of the Competency Checklist is as per health authority/agency.

## **Definitions**

Competency: The integration and application of knowledge, skills and judgment required for safe and appropriate performance in an individual's practice.

Nurse Mentor: A Clinical Nurse Educator, NSWOC, NCA or a designated nurse (RN, RPN, LPN) competent in the skill being learnt.

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## References

British Columbia College of Nurses and Midwives. (July 2024). Scope of Practice.

RN <a href="https://www.bccnm.ca/Documents/standards\_practice/rn/RN\_ScopeofPractice.pdf">https://www.bccnm.ca/Documents/standards\_practice/rn/RN\_ScopeofPractice.pdf</a>

RPN https://www.bccnm.ca/Documents/standards\_practice/rpn/RPN\_ScopeofPractice.pdf

LPN https://www.bccnm.ca/Documents/standards\_practice/lpn/LPN\_ScopeOfPractice.pdf

# **Document Creation/Review**

Created By:	British Columbia Provincial Nursing Continence Committee and NCAs/ NSWOCs from across all Health Authorities.
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Curved-Tipped Urethral Catheter Insertion & Removal Learning Plan			
Learning Activity	Resources	Date Done	
<ol> <li>Review health authority/agency specific policies and practice standards for removing and inserting a curved tipped (coude) urethral catheter.</li> </ol>	Discuss with your Clinical Educator/ Nurse Mentor.		
<ol><li>Read the procedure that lays out the steps for inserting and removing a curved tipped urethral catheter.</li></ol>	Urethral Catheter Insertion & Removal: Procedure (see Male Anatomy procedure).		
3. Do the learning module Insertion & Removal of Curved Tipped Urethral Catheter Insertion & Removal and/or Practice a simulation curved tipped urethral catheter change with your Nurse Mentor.	Module is posted on LHub, I-Learn, Yukon LMS.  Plan the appropriate activity with your Clinical Educator/Nurse Mentor.		
Perform the curved tipped urethral catheter change with your Nurse Mentor present.	Plan the activity with your Clinical Educator/Nurse Mentor.		
<ol><li>As per your health authority/agency process, with your mentor, complete the competency checklist.</li></ol>	Curved Tipped Urethral Catheter Insertion & Removal Competency Checklist.		
<ol><li>Complete any additional competency validation/ compliance requirements of the health authority/ agency.</li></ol>	Discuss with your Clinical Educator/ Nurse Mentor.		

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